

EURneffy Frequently Asked Questions

1. What is EURneffy?

EURneffy is a new treatment for anaphylaxis that is administered as a nasal spray (rather than by injection) containing the medicine adrenaline. It's designed for rapid absorption through the nasal lining to treat severe allergic reactions (anaphylaxis).

2. How does it work?

EURneffy delivers adrenaline through the lining of the nose, where it is quickly absorbed into the bloodstream. Adrenaline helps reduce swelling, open the airways and increase heart rate and blood flow to improve blood pressure, reversing the symptoms of anaphylaxis. Like AAls, EURneffy should be used at the first signs of a severe allergic reaction by placing the nozzle into one nostril, pointing directly upwards and pressing the plunger firmly until it clicks to release the full dose of medicine into the nose. Each device contains a single dose, so it's important not to press the plunger until it's ready to be used. If symptoms don't improve, or if they get worse after five minutes, a second dose should be given so people should carry two devices.

3. Is EURneffy as effective as existing adrenaline auto-injectors?

Clinical data demonstrated that EURneffy 2mg is well absorbed through the nose and distributed quickly into body tissues. Recent real-world data showed that a single dose of EURneffy successfully treated severe allergic reactions in 9 out of 10 (89.2%) patients - similar to results seen with AAls.

4. How quickly does EURneffy work?

EURneffy begins to work quickly. Clinical studies have demonstrated that its effects on systolic blood pressure can be seen within one minute of use. It is designed for rapid absorption through the nasal passage.

5. Who can be prescribed EURneffy?

It is suitable for people weighing 30kg and over, who would otherwise carry adult EpiPen/Jext 0.3mg. The dose of intranasal adrenaline contained in EURneffy is 2mg.

6. Is EURneffy suitable for children?

EURneffy is licensed for use in children and adults who weigh over 30kg (about 66 pounds). It contains the active substance adrenaline (also known as epinephrine). It is already used in the US where it is known as Neffy.

7. How long does EURneffy last before it expires?

EURneffy is expected to have a 30 months from manufacture expiry date although this may be reduced depending on supply chains and dispensing.

8. If I would like to be prescribed EURneffy, what should I do?

It's a prescription-only medicine so you should make an appointment with your GP or allergy specialist.

9. Are there any side-effects?

Common side effects include:

- Nasal discomfort
- Nasal congestion
- Nosebleed
- Nose pain
- Sneezing
- Headache
- Throat irritation
- Feeling anxious, nervous or jittery

10. If I have a cold, nasal congestion, or runny nose can this reduce the amount of medicine absorbed through the nasal lining?

EURneffy will be able to work even though you have a stuffy nose

11. Can it be used during severe anaphylaxis when breathing is compromised?

Yes

12. Do I need to carry two EURneffy devices?

Two devices should be carried at all times and the second device used if the reaction hasn't clearly improved within 5 minutes of using the first. This should be given in the same nostril unlike an adrenaline auto-injector where best practice is to give in an alternate site e.g. the other thigh.

13. How should I store my EURneffy device?

At room temperature between 20-25 degrees Celsius. Avoiding temperature extremes and do not freeze.

15. Do I need to go to hospital after using EURneffy?

Yes, you should seek emergency treatment after any anaphylactic episode.

16. As it doesn't contain a needle, do I require a letter from my GP to carry on a plane?

It's a medical device so you are still likely to need a doctor's letter.

17. Can EURneffy be used by pregnant or breastfeeding women?

Yes, but always talk to your healthcare provider about a medication's suitability if your health status changes or you are pregnant or breastfeeding.

18. Can EURneffy be used by someone else in an emergency?

EURneffy should only be used by the person it is prescribed for. However, in a life-threatening emergency, someone trained in its use may administer it if directed by emergency services.

19. Can EURneffy be administered by someone else if the patient becomes unconscious?

EURneffy can be administered in patients who are unconscious as it doesn't require inhalation, the medication is absorbed through the lining of the nose.

20. Should I inform my child's school if they are prescribed EURneffy?

Yes, and they should carry the device with them at all times, including during trips, PE lessons and outdoor activities. Staff should be trained to recognise symptoms of anaphylaxis and know where the EURneffy is kept during outings.