

# BINGO

Create your bingo set using the allergy words and templates provided.



## What you'll need:

1. Print out of the word lists
2. Scissors
3. Bingo Player Card templates, downloaded for completing online, or printed for completing by hand. One per person, per game.
4. Pen for preparing bingo cards
5. Bag or bowl
6. Coloured felt tip pens for people playing



## Preparing your game:

1. Choose and cut out 30 words from the lists provided. We recommend using the easy set for children, but feel free to use a mix of easy and tricky, depending on the age group playing.
2. Create your Bingo Player Cards by using the empty bingo grid provided and randomly distributing the words you have chosen onto individual cards. These can be simply written in pen on print outs of the Bingo Player Card templates, or they can be typed into the Word document template then printed.
3. Create one per player, per game. Make sure each bingo card has a unique arrangement of words.
4. Fold up the 30 words which have been cut out and put into a bag or bowl for picking.

## How to play:

1. Pick the words from the bag/bowl and call them out one by one.
2. Players mark off any matching words on their bingo cards.
3. The first player to mark off a complete row, column, or diagonal of words shouts "Bingo!" and wins that round.
4. Continue playing with additional rounds, or until someone marks off all their words.



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Easy words for children.

Print and cut out these words to create your game.



<b>ALLERGY</b>	<b>SNEEZE</b>	<b>ITCH</b>	<b>RASH</b>
<b>HIVES</b>	<b>RUNNY NOSE</b>	<b>WATERY EYES</b>	<b>SWELLING</b>
<b>LATEX</b>	<b>POLLEN</b>	<b>CAT</b>	<b>DOG</b>
<b>REACTION</b>	<b>DUST MITE</b>	<b>PETS</b>	<b>FOOD</b>
<b>TREE NUT</b>	<b>PEANUT</b>	<b>MILK</b>	<b>SOYA</b>
<b>CELERY</b>	<b>GLUTEN</b>	<b>EGG</b>	<b>MUSTARD</b>
<b>FISH</b>	<b>SESAME</b>	<b>SEAFOOD</b>	<b>ECZEMA</b>
<b>MEDICINE</b>	<b>ASTHMA</b>	<b>BEE STING</b>	<b>HAY FEVER</b>

# BINGO

Trickier words.

Print and cut out these words to create your game.



EPIPEN	JEXT	ADRENALINE	ALLERGIC RHINITIS
MAST CELL	MOLLUSCS	CRUSTACEANS	SULPHITES
ANAPHLAXIS	ALLERGIST	IMMUNOGLOBULIN	HISTAMINE
DERMATITIS	SENSITISATION	ATOPIC	URTICARIA
CONJUNCTIVITIS	PATCH TEST	INTOLERANCE	AUTOIMMUNE
WHEAL	FLARE-UP	RESPIRATORY	AUTO-INJECTOR
PROTEIN	WHEEZING	CIRCULATION	AIRWAYS
BREATHING	DIZZY	POLLEN FOOD SYNDROME	ALLERGIC EYE DISEASE