

Masterclass

Allergy: 'The Modern Epidemic'

Tuesday 17th September 2019 Registration 08:30 - 09:00

Riddel Hall, 185 Stranmillis Road, Belfast, BT9 5EE

Programme

08:30 - 09:00 **Registration**

09:00 - 09:20 **Welcome and Introduction**

Amena Warner, Head of Clinical Services, Allergy UK

09:20 - 10:00 **An overview of allergy**

James Gardner, Allergy Nurse Consultant

10:00 - 10:45 **Atopic Dermatitis/Eczema with interactive workshop of emollients for skin barrier enhancements**

Julie Van Onselen, Lecturer Practitioner, Dermatology Education Partnership Ltd and Stirling University

10:45 - 11:15 **Coffee Break**

11:15 - 12:00 **Food Allergy**

Dr Jenny Hughes, Consultant Paediatrician, with a special interest in allergy

12:00 - 12:50 **Allergic Asthma incorporating Rhinosinoconjunctivitis**

Gillian Gallagher, Paediatric Asthma and Allergy Nurse Specialist

12:50 - 13:00 **Living with severe allergic eye disease video**

13:00 - 13:45 **Lunch Break**

13:45 - 14:25 **Anaphylaxis – presentation & practical workshop**

Faye Mathias, Paediatric Allergy Nurse Specialist

14:25 - 15:15 **Diagnostic testing and how to interpret allergy tests**

Dr Mich Erlewyn-Lajeunesse, Consultant in Paediatric Allergy & Immunology

15:15 - 15:30 **Closing remarks**

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Mead Johnson Nutrition

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Allergy UK, Planwell House, LEFA Business Park, Edgington Way, Sidcup, Kent DA14 5BH

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Amena Warner

RN. SN. (PG Dip) Specialist Practice. Dip Allergy, Allergy UK

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Amena is Head of Clinical Services at Allergy UK a national patient charity that works to raise awareness of allergic disease both nationally and internationally. She took up this appointment after working as a Clinical Nurse Specialist in Immunology and Allergy at an NHS Hospital Trust. She trained at University College Hospital, followed by paediatric training at Great Ormond Street Hospital in London. She also holds a Public Health and Specialist Practice in School Nursing qualification gained in 1994. Visiting schools and carrying out health assessments made Amena very aware of the rising incidence of allergy in the UK and was instrumental in developing her interest in the field. Amena is a member of the Immunology & Allergy Nurses group and is the first nurse to sit on the British Society of Allergy & Clinical Immunology (BSACI) council where she started the National Nurses in Allergy Group. She is a member of the BSACI Primary Care group and also the BSACI Adult Allergy group.



James Gardner

Allergy Nurse Consultant at the Great North Children's Hospital in Newcastle

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James qualified at Great Ormond Street Hospital in London as a Paediatric Nurse and, after working in general paediatrics and paediatric haematology, joined the allergy team at St Mary's Hospital London, then for many years was the lead allergy nurse at the Royal Free Hospital & Royal National Throat, Nose and Ear Hospital, both in London. After relocating, he is currently the Children's and Young Persons Allergy Nurse Consultant at the Great North Children's Hospital in Newcastle and Associate Clinical Lecturer in Newcastle University and teaches on Allergy E-module. He completed his MSc in Allergy from the University of Southampton and focused on the use of component resolved diagnostics in peanut allergy. He is the Chair of the Allied Health working group in the European Academy of Allergy and Clinical Immunology. He is involved in several European task force groups through the academy and was part of the expert panel for the recent anaphylaxis and food allergy guidelines. He is associate editor of CTA journal. His main research interests are in food allergy, in particular oral allergy syndrome in children and component resolved diagnostics. He has a passion for allergic rhinitis and especially on its effect on quality of life in children. He is involved with many food allergy support groups and regularly on various allergy social media groups (Twitter @allergynurseuk).



Julie Van Onselen

Lecturer Practitioner, Dermatology Education Partnership Ltd and Stirling University

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Julie is a Dermatology Lecturer Practitioner; her background is 25 years as a dermatology clinical nurse specialist, in both primary and secondary care. She works independently and as a lecturer at the University of Stirling. Her company Dermatology Education Partnership Ltd focuses on dermatology educational projects and training courses in practical dermatology as well as working in conjunction with training associates. Julie works for skin support groups, with a regular weekly session on the National Eczema Society complex helpline; she has also developed a primary HCP online course 'Psoriasis in Practice' with PAPAA. Julie is a health care writer and publishes widely in professional and health care journals; she is past editor of the BDNG Journal, Dermatological Nursing. She is also special adviser to the All Party Parliamentary Group on Skin and works on national projects, including the Psoriasis Setting Priorities Partnership project and the RCGP Spotlight tool kit. She works clinically once a week and her current clinical post is with SkinHealth UK, running skin cancer detection and awareness clinics; in the past she ran nurse-led clinics in eczema, psoriasis and acne care. Julie is passionate about improving care and support for people with skin conditions through developing educational initiatives for both healthcare professionals and patients throughout the UK.



Dr Jenny Hughes

Consultant Paediatrician, with a special interest in allergy

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Dr. Hughes has been a Consultant Paediatrician in Antrim Hospital for 10 years. She leads the Paediatric allergy and respiratory service for the Northern Health and Social Care Trust. As part of her training she completed the MSc Allergy at Southampton University. She is also secretary of the NI Paediatric Respiratory and Allergy Network.



Gillian Gallagher

Paediatric Asthma and Allergy Nurse Specialist at Royal Belfast Hospital for Sick Children

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Gillian qualified as a Paediatric Staff Nurse from Queen's University Belfast in 2005 and, after working in general paediatric's, joined the Paediatric Asthma and Allergy team in the Royal Belfast Hospital for Sick Children in 2011. She has completed her Level 5 modules in Allergy and Asthma. Her role has involved setting up an asthma service in the RBHSC, seeing patients who are referred from A&E and the wards and are put onto The Safe to Discharge Pathway which was initially piloted in the RBHSC and Antrim and now has been rolled out regionally. A one-stop shop service is offered providing patients with asthma education, inhaler technique, lung functions and skin prick testing. She is a member of the Northern Ireland Paediatric Respiratory and Allergy Network and the Immunology and Allergy Nurses group. She is also involved in the GSK asthma road trips providing asthma education and inhaler technique to GP's and nurses and partakes in RDOT, Remote Directly Observed Therapy.



Faye Mathias

Paediatric Allergy Nurse Specialist working with the Paediatric Allergy Unit at Sandwell and West Birmingham Hospitals NHS Trust, Midlands, UK

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Faye achieved a BSc Hons. Nursing (Child Branch) at Brighton University, Sussex, UK in 2007 and recently completed an MSc Allergy at Southampton University. Special interests include: Anaphylaxis, Asthma and Transition. Faye is currently validating a newly developed transition tool, S.T.A.A.R.T. A.S. You Mean to Go On, a Screening Tool for Adolescents with Allergies, Readiness to Transition to Adult Services. She has three children all of whom have a history of difficult to manage eczema and multiple food allergy. One of her three children also has aero allergen sensitivity, asthma and allergic rhinitis, all contributing to an additional understanding of the potential impact of living with allergy can have and fuelling Faye's undertaking to play a part in raising allergy awareness and improving allergy care for others.



Dr Mich Erlewyn-Lajeunesse

Allergy Nurse Consultant at the Great North Children's Hospital in Newcastle

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Dr Mich Lajeunesse is a consultant in Paediatric Allergy and Immunology at Southampton Children's Hospital. This is one of only seven centres in the country accredited for training specialists in paediatric allergy and was recognised by the World Allergy Organization as a National Centre of Excellence in 2014.

He is an Honorary Senior Lecturer at the University of Southampton and contributes to postgraduate teaching nationally, including the Allergy MSc taught programme at the University of Southampton and the Paediatric Allergy Training courses hosted by the RCPCH. He maintains research interests in food allergy. Previous studies include the SNIFFLE studies on the safety of intranasal flu vaccine in egg allergy.