

Tuesday 4th December 2018 at 8:00am

Royal College of Physicians, 11 St Andrews Pl, London NW1 4LE

Programme

- 08:00 - 09:00** Registration
- 09:00 - 09:10** Welcome and Introduction
Amena Warner, *Head of Clinical Services, Allergy UK*
- 09:10 - 10:10** Food Allergy & Eczema
Dr Helen Cox, *Consultant in Paediatric Allergy and Immunology*
- 10:10 - 11:10** Why does Allergic Rhinitis Matter and what can we do about it?
Dr Adam Fox, *Consultant Paediatric Allergist*

11:10 - 11:30 **Coffee Break**

- 11:30 - 12:30** Asthma – Getting the basics right – when to consider referral to secondary or tertiary care
Dr Nicola Brathwaite, *Consultant Paediatric Allergist*

Reactive Engagement Sessions - Using Vote Pads Case Studies - Are we getting it right?

- 12:30 - 13:15** A. When to prescribe an AAI
Dr Helen Howells, *GP with extended role in Paediatric Allergies*

13:15 - 14:00 **Lunch Break**

Reactive Engagement Sessions - Using Vote Pads Case Studies - Are we getting it right?

- 14:00 - 15:00** B. Differential diagnosis – When is it not allergy?
Dr Helen Howells, *GP with extended role in Paediatric Allergies*
- 15:00 - 15:45** Immunotherapy/Desensitisation
Roisin Fitzsimons, *Paediatric Nurse Consultant*
- 15:45 - 16:15** What does Allergy UK do for the allergic community & HCP's?
Amena Warner, *Head of Clinical Services, Allergy UK*

Supported by



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Allergy UK is the operational name of The British Allergy Foundation, a charitable company limited by guarantee and registered in England and Wales, Company no: 4509293, Charity no: 1094231. Registered in Scotland, Charity no: SC039257.



Dr Helen Cox

Consultant in Paediatric Allergy and Immunology at St Mary's Hospital, London

Dr Helen Cox is a Consultant in Paediatric Allergy and Immunology at St Mary's Hospital London, the Harley Street Clinic and BUPA Cromwell Hospital. She is an Honorary Senior Lecturer at Imperial College and faculty clinical lead for the Allergy MSC. She received her doctorate in "eczema genetics" from University College London. She is a fellow of the Royal College of Paediatrics and Child Health. She sits on several national guidelines groups including RCPCH, BSACI and NICE.



Dr Adam Fox

Consultant Paediatric Allergist at Guy's & St Thomas' NHS Foundation Trust

Adam read Medicine and Neuroscience at Cambridge University before completing his clinical training at University College, London. After specialist training in Paediatric Allergy in 2006, he spent 9 years as clinical lead for Allergy (Adult & Paediatric) at Guy's & St Thomas' Hospitals, London. – one of Europe's largest specialist Allergy service. After 3 years as Clinical Director for Specialist Ambulatory Medicine, he recently took up the post of Deputy Medical Director (Commercial) for Guy's & St Thomas' Hospitals NHS Foundation Trust. He is also a Reader in Paediatric Allergy at King's College London and Director of the KCL Allergy Academy, a postgraduate educational programme, which was a finalist at the BMJ Awards in 2018. He currently chairs the Paediatric Committee of the British Society of Allergy & Clinical Immunology and has been elected as President from October 2018.



Dr Nicola Brathwaite

Consultant Paediatric Allergist at King's College Hospital, London

Dr Nicola Brathwaite is a Consultant Paediatric Allergist at Kings College Hospital, London, appointed in 2005. She completed her specialist training in Paediatrics and Paediatric Allergy in Cape Town, South Africa. Her interests include all aspects of paediatric allergy especially food allergy, the role of allergy in asthma, allergic rhinitis, drug allergies and allergen immunotherapy. She is Honorary Secretary of the British Society for Allergy and Clinical Immunology (BSACI) and serves on the BSACI Standards of Care Committee. She is joint Lead for the Respiratory and Allergy Module and International Child Health modules of the KCL Advanced Paediatrics MSc.



Dr Helen Howells

GP With Extended Role in Paediatric Allergy

Dr Howells qualified from Southampton University in 2005. After rotating through several hospital posts, she undertook GP training and completed this in 2015. Since then she has been working in out of hours and as a GP locum. Helen became interested in allergy due to her own experiences of managing a child with milk and nut allergies. As a result, she commenced the MSc in Allergy at Southampton University and has just recently completed her studies. Helen has also been working with the paediatric allergy team at the University Hospital of Southampton for the last two and a half years. She has recently taken on the role of chairperson of the primary care group of BSACI and spends a great deal of her free time running allergy education sessions for primary care staff.



Roisin Fitzsimons

Children's Allergy Consultant Nurse at Guy's & St Thomas' Hospital

Roisin Fitzsimons is a Children's Allergy Consultant Nurse at Guys and St Thomas Hospital. Roisin has worked in the Children's Allergy Service, since it began in 2006, she has been instrumental in developing the nurse-led service, which includes the food and drug challenge service. Roisin's particular areas of interest include drug allergy and sublingual immunotherapy. Roisin has successfully completed the MSc in Allergy at Southampton University and is privileged to have lectured on the course. Roisin holds a number of positions nationally; an honorary lecturer at The University of Hertfordshire and is a committee member of the National Paediatric Respiratory and Allergy Nurses Group, AHP lead for the BSACI conference planning committee and an elected member of the BSACI Council. Roisin has pioneered nursing involvement within the Allergy Academy, speaking at events and is the nursing course director.



Amena Warner

Head of Clinical Services, Allergy UK

Amena is Head of Clinical Services at Allergy UK a national patient charity that works to raise awareness of allergic disease both nationally and internationally. She took up this appointment after working as a Clinical Nurse Specialist in Immunology and Allergy at an NHS Hospital Trust. She trained at University College Hospital, followed by paediatric training at Great Ormond Street Hospital in London. She also holds a Public Health and Specialist Practice in School Nursing qualification gained in 1994. Visiting schools and carrying out health assessments made Amena very aware of the rising incidence of allergy in the UK and was instrumental in developing her interest in the field. Amena is a member of the Immunology & Allergy Nurses group and is the first nurse to sit on the British Society of Allergy & Clinical Immunology (BSACI) council where she started the National Nurses in Allergy Group. She is a member of the BSACI Primary Care group and also the BSACI Adult Allergy group.