

We're Here to Help

Helpline:
01322 619898

Email:
info@allergyuk.org

Website:
www.allergyuk.org

Allergy UK is the leading national charity providing support, advice and information for those living with allergic disease.



Helpline and Webchat

Our friendly Helpline advisors offer advice over the phone or via webchat to help you better understand your allergy triggers and manage your condition.



Allergy Alerts

Sign up to receive free allergy alerts via our website and we will email you when a particular food product is withdrawn or recalled because of an allergy risk to consumers.



Factsheets

Our free downloadable Factsheets will help you understand more about allergic reactions - why they occur and what you can do to manage them.



Translation Cards

Our translation cards can help you to communicate your or your child's allergy in another language. The cards feature a suite of useful messages and come in handy in restaurants when you holiday abroad.



/allergyuk



@allergyUK1

Help us
to help others

Fundraise, Donate or Volunteer

Your donations help us continue to support people with allergy in the UK

fundraising@allergyuk.org
www.allergyuk.org/donate

